

High School Relationship Skills Group (Grades 9-12) – Summer 2017

Facilitated by Mara Trager, MA, LPC and Molly Lipkin, MA, LPCC

Join us for an 8-week series focusing on building meaningful connections and assisting teens with navigating through their complex social worlds. This therapeutic group will cover topics such as:

- social media
- improving self-awareness
- boosting self-esteem
- connecting with others
- social problem solving
- goal setting and strategizing

When: Our group will meet on Mondays from 5:00pm-6:00pm from June 5th – July 31st.

Where: Our office is located at 5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Cost: \$480 for 8-week series + a 30-minute free intake session prior to the start of group

How to Sign Up: Please complete the registration form and send to lauren@laurenkerstein.com by December 31st. The form can be found at <http://www.laurenkerstein.com/forms>.

We look forward to seeing you in our group!

