

Sibling Group (Grades 5-8)

Facilitated by Mara Trager Tcheunou, MA, LPC and Molly Lipkin, MA, LPCC

Join us for a 3, 2-hour sessions focusing on building meaningful connections and navigating through the oftentimes complex identity of being the brother or sister of someone with special needs. This therapeutic group will cover topics such as:

- Exploring the unique role in the family
- Giving a voice to the feelings and needs of siblings
- Connecting with others
- Self-care
- Realizing/reaching potential

When: Our group will meet on the second Tuesday in June, July, and August from 4:00pm-6:00pm.

Where: Our office is located at 5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Cost: \$360 for 6 hours of group therapy + a 30-minute free intake session prior to the start of group

How to sign up: Please contact Lauren Kerstein, LCSW at [303-284-3603](tel:303-284-3603) or lauren@laurenkerstein.com by May 12th.

We look forward to seeing you in our group!

