

***The Practice of  
Lauren H. Kerstein LCSW, P.C.***

*Welcome to the practice of  
Lauren H. Kerstein LCSW, P.C. and  
the home of the "Making  
Connections" group series. The  
practice of Lauren Kerstein is devoted  
to assisting individuals and families  
with developing strength-based,  
individualized approaches to  
effectively manage life's challenges.*

*Training, consultation and  
presentations are available for  
professionals in schools, agencies and  
other organizations in order to enrich  
the knowledge of the professionals in  
those settings. The practice of Lauren  
Kerstein specializes in providing  
support to individuals on the autism  
spectrum, as well as individuals  
through their lifespan struggling with  
depression, anxiety, mood disorders,  
behavioral challenges, mental health  
issues, divorce and other adjustment  
issues, relationship skill difficulties  
and executive function concerns.*

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***Lauren H. Kerstein LCSW, P.C.***

***“Making Connections”***

*It is the small steps that ultimately make  
the biggest difference.*

## *Areas of Service*



The clinicians with Lauren H. Kerstein LCSW, P.C. provide assistance with relationship skills, depression, anxiety, trauma, transition, autism spectrum disorders, school programming, attention issues, executive function difficulties, behavioral challenges, sibling issues, self-awareness, self regulation, and coping strategies. We provide individual therapy, family therapy, sibling therapy, behavioral intervention, school consultations, early intervention services, sibling groups, relationship skills groups, dyads, and support around parenting. Additionally, we offer professional and parent trainings.

## *The Professionals with Lauren H. Kerstein LCSW, P.C.*

*Lauren H. Kerstein is a licensed clinical social worker in private practice who specializes in working with children, adolescents and their families. She is an author and a National Speaker on autism spectrum disorders, "behavioral challenges," anxiety and depression. She provides school consultations, home-based consultations for birth to three year olds, and offers individual, family and group therapy. Lauren specializes in working with children diagnosed with autism spectrum disorders and particularly Asperger's Syndrome (DSM-IV-TR). She also works with children experiencing anxiety, depression, relationship skill difficulties, divorce and other adjustment, developmental or mental health needs. Lauren also provides parenting support. Lauren has five dynamic individuals working with her in her practice.*

*- Mara Trager Tcheunou, LPC who specializes in autism spectrum disorders, anxiety, obsessive compulsive disorder, depression, teen issues, and transition to adulthood.*

*- Kelly Chavanu who specializes in autism spectrum disorders, behavioral issues and relationship skill development.*

*- Sarah Sutherland, MA who specializes in relationship skill development, mental health, and behavioral issues.*

*-Sarah Brill, MSW who is bilingual Spanish and specializes in addiction, PTSD, depression, anxiety, self-esteem, a nd difficulties with adjustments. Sarah also works with couples and families.*

*-Molly Lipkin, MA who specializes in depression, anxiety, autism spectrum disorders, social and relationship skills, trauma, and adjustment difficulties.*